

Heatherwood Lunch Menu – May 2012

Snacks available upon request

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
		1 Chicken Salad Sandwich Pasta Salad Grilled Zucchini Corn Soup, Salad, Dessert	2 Liver & Onions Clams with Pasta Mixed Greens Carrots Soup, Salad, Dessert	3 Fried Fish Roast Chicken Roasted Potatoes Grilled Asparagus Soup, Salad, Dessert	4 Oyster Po Boy Catfish Nuggets Cole Slaw French fries Soup, Salad, Dessert	5 Grilled Salmon Burgers Turkey Sub Sautéed Greens Sliced Tomatoes Soup, Salad, Dessert
6 Roast Turkey Pork Chops Mashed Potatoes Green Bean Casserole Soup, Salad, Dessert	7 Stuffed Cabbage Stuffed Shells Pasta Salad Seasoned Corn Soup, Salad, Dessert	8 Veggie Wrap Seafood Wrap Cauliflower Roasted Red Potatoes Soup, Salad, Dessert	9 Chicken Tenders Ham and Swiss on Rye Carrot Raisin Salad French Fries Soup, Salad, Dessert	10 Roast Beef Sandwich Tuna Melt Fries Peas & Carrots Soup, Salad, Dessert	11 Smoke House Burger Turkey Ruben Onion Rings Tomato Salad Soup, Salad, Dessert	12 Chili Mac Sloppy Joes Succotash Sweet Potato Fries Soup, Salad, Dessert
13 BBQ Pork BBQ Beef Cole Slaw Corn on the Cob Soup, Salad, Dessert	14 Italian Hogie Italian Sausage Parmesan Fries Italian String Beans Soup, Salad, Dessert	15 Grilled Salmon Linguini & Clams Rice Pilaf Italian Roasted Veggies Soup, Salad, Dessert	16 Quiche Loaded Baked Potato Broccoli Sliced Cantaloupe Soup, Salad, Dessert	17 Spaghetti & Meat sauce Grilled Fish Cauliflower Fried Eggplant Soup, Salad, Dessert	18 Fish Sandwich Hot Dogs Green Beans Salad French fries Soup, Salad, Dessert	19 BLT Wrap Rueben Sandwich German Potatoes Fried Okra Soup, Salad, Dessert
20 Spiral Ham Fried Catfish Candied Yams Collard Greens Soup, Salad, Dessert	21 Fish and Chips Chicken Caesar Wrap Baked Beans Carrots Soup, Salad, Dessert	22 Turkey Chili BBQ Chicken Rice Corn Muffins Corn on the Cob Soup, Salad, Dessert	23 Meatball Sub Cold Plate Vegetable Medley Macaroni Salad Soup, Salad, Dessert	24 Sautéed Shrimp Pork Loin Creamy Polenta Braised Greens Soup, Salad, Dessert	25 Chicken Shawrina Gyro Wrap Greek Salad Pita Chips & Hummus Soup, Salad, Dessert	26 Veggie Pizza Meat Pizza Grilled Veggies Fruit Salad Soup, Salad, Dessert
27 Pot Roast Salmon Steaks Candied Parsnips Grilled Asparagus Soup, Salad, Dessert	28 Tuna Melt Turkey Club Peas Chilled Fruit Soup, Salad, Dessert	29 Pasta Primavera Turkey, Avocado Wrap Sweet Potato Fires Sautéed Spinach Soup, Salad, Dessert	30 Fish Tacos Flank Steak Pico de Gallo Chips and Guacamole Soup, Salad, Dessert	31 Lamb Stew Cornish Hens Wild Rice Creamed Spinach Soup, Salad, Dessert		