

Heatherwood Activities - 🇺🇸 July 2010 🇺🇸

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
SBR- Sponsor by Residents Fit-fitness room / B-Bistro A-Activity / G-Gazebo CH-Chapel / DR-Dining R. FR-Family R. / L-Lobby TH-Theater/ S-Solarium AC- Art & Craft SBR- Sponsor by Residents	Doctor Appointments are: Monday & Thursday Between 8:00 & 11:00 AM Exercise is thirty minutes * - Sign Up! Sheet in Lobby	Every Monday: 2:30 Video Bible study (FR) 6:30 Humanities (FR) Please check the lobby	Every First Tuesday: Guiding Lights meeting (CH) All Programs are one hour	1 9:00 Joy for Joints (FIT) 10:00 Coffee & News (A) 11:00 Crafts (AC) 1:00 Safeway * (L) 1:00 Exercise Video (FIT) 2:30 Scrabble (A) 6:45 Bingo (A) SBR	2 9:00 & 1:00 Fitness video (FIT) 10:00 What's Your View?(A) 10:00 Catholic Mass (CH) 11:00 Heatherwood Walk (L) 1:30 Popsicles at the Gazebo! 2:45 Music w/Diane (FR) 6:45 Evening movie (FR)	3 9:00 & 1:00 Fitness video (FIT) 10:30 Bible study (FR) 11:00 Bingo (A) SBR 2:00 Catholic Mass (CH) 6:45 Evening movie (FR)
4 Happy 4th of July 10:00 Catholic Service (CH) 11:00 Bingo (A) SBR 12:30 to 3:00 Games (B) 2:30 Protestant Service (CH) 6:45 Evening movie (FR) 8:00 Bistro Open for business FIREWORKS at Dusk!	5 9:00 & 1:00 Fitness video (FIT) 10:00 Coffee & News (A) 1:00 Giant* (L) 2:00 Scrabble (A) 2:30 Mex. Train game (A) 2:30 Video Bible (FR) 6:45 Bingo (A) SBR	6 9:00 Fun and Fitness (FIT) 10:00 Wii Bowling (FIT) 1:00 Errands * (L) 1:00 Exercise Video (FIT) 3:00 Volleyball (FIT) 6:45 Bingo (A) SBR 6:45 "North & South" (FR)	7 9:00 & 1:00 Fitness video (FIT) 11:00 Reminiscing (A) 1:00 Trader Joes& \$Tree *(L) 2:15 Mah Jongg (S) 2:45 Bingo (A) 6:45 Evening movie (FR)	8 9:00 Joy for Joints (FIT) 9:30 to 11:30 "Special Bingo" (DR) 1:00 Safeway * (L) 1:00 Exercise Video (FIT) 2:30 Debbie Bessert (FR) 6:45 Bingo (A) SBR	9 9:00 & 1:00 Fitness video (FIT) 10:00 What's Your View?(A) 11:00 Putting Practice (A) 1:00 Mind Games (A) 2:45 Vintage Clothing (FR) 6:45 Evening movie (FR)	10 9:00 & 1:00 Fitness video (FIT) 10:30 Bible study (FR) 11:00 Bingo (A) SBR 2:00 Catholic Mass (CH) 6:45 Evening movie (FR)
11 10:00 Catholic Service (CH) 11:00 Bingo (A) SBR 12:30 to 3:00 Games (B) 3:30 Matinee (FR) 2:30 Protestant Service (CH) 6:45 Evening movie (FR)	12 9:00 & 1:00 Fitness video (FIT) 10:00 Coffee & News (A) 1:00 Giant* (L) 2:00 Scrabble (A) 2:30 Mex. Train game (A) 2:30 Video Bible (FR) 6:45 Bingo (A) SBR	13 9:00 Fun and Fitness (FIT) 11:00 Garden and Nature (A) 1:00 Exercise Video (FIT) 1:00 Errands * (L) 2:00 Norm Ward (FR) 3:00 Volleyball (FIT) 6:45 Bingo (A) SBR 6:45 "North & South" (FR)	14 9:00 & 1:00 Fitness video (FIT) 11:00 Lunch Bunch * (L) 1:00 Errands * (L) 2:15 Mah Jongg (S) 2:45 Bingo (A) 6:45 Evening movie (FR)	15 9:00 Joy for Joints (FIT) 10:00 Coffee & News (A) 11:00 Heads and Tails (A) 1:00 Safeway * (L) 1:00 Exercise Video (FIT) 2:30 Ardo Speaks (FR) 6:45 Bingo (A) SBR	16 9:00 & 1:00 Fitness video (FIT) 10:00 What's Your View?(A) 11:00 Heatherwood Walk (L) 1:00 Crossword (A) 2:45 Music w/ Chris (FR) 6:45 Evening movie (FR)	17 9:00 & 1:00 Fitness video (FIT) 10:00 Mending w/ Pat (A) 10:30 Bible study (FR) 1:00 Harp Music (FR) 2:00 Catholic Mass (CH) 6:45 Evening movie (FR)
18 10:00 Catholic Service (CH) 11:00 Bingo (A) SBR 12:30 to 3:00 Games (B) 2:30 Protestant Service (CH) 3:30 Matinee (FR) 6:45 Evening movie (FR)	19 9:00 & 1:00 Fitness video (FIT) 10:00 Coffee & News (A) 11:00 Piano Group (FR) 1:00 Giant * (L) 2:00 Scrabble (A) 2:30 Mex. Train game (A) 2:30 Video Bible (FR) 6:45 Bingo (A) SBR	20 9:00 Fun and Fitness (FIT) 9:30 Wii Golf (A) 11:00 Pizza & Movie * (FR) 1:00 Errands * (L) 1:00 Exercise Video (FIT) 2:45 Volleyball (FIT) 6:45 Bingo (A) SBR 6:45 "North & South" (FR)	21 9:00 & 1:00 Fitness video (FIT) 11:00 Reminiscing (A) 1:30 Target * (L) 2:15 Mah Jongg (S) 2:45 Bingo (A) 6:45 Evening movie (FR)	22 9:00 Joy for Joints (FIT) 10:00 Coffee & News (A) 11:00 Hang Man (A) 1:00 Safeway * (L) 1:00 Exercise Video (FIT) 2:30 Scrabble (A) 6:45 Bingo (A) SBR	23 9:00 & 1:00 Fitness video (FIT) 10:00 What's Your View?(A) 10:30 Jewish Service (CH) 11:00 Putting Practice (A) 1:00 Mind Games (A) 2:30 Casino Time (A) 6:45 Evening movie (FR)	24 9:00 & 1:00 Fitness video (FIT) 10:30 Bible study (FR) 11:00 Bingo (A) SBR 2:00 Catholic Mass (CH) 6:45 Evening movie (FR)
25 10:00 Catholic Service (CH) 11:00 Bingo (A) SBR 12:30 to 3:00 Games (B) 2:30 Protestant Service (CH) 3:30 Matinee (FR) 6:45 Evening movie (FR)	26 9:00 & 1:00 Fitness video (FIT) 10:00 Show & Tell (FR) 1:00 Giant* (L) 2:00 Scrabble (A) 2:30 Video Bible (FR) 4:30 Dinner Bunch * (L) 6:30 Humanities (FR) 6:45 Bingo (A) SBR	27 8:30 Hwd Breakfast (DR) 9:30 Fun and Fitness (FIT) 10:00 Bookworms (FR) 1:00 Errands *(L) 2:45 Volleyball (FIT) 4:30 Birthday Dinner (DR) 6:45 Bingo (A) SBR 6:45 "North & South"	28 9:00 & 1:00 Fitness video (FIT) 10:00 Walmart *(L) 11:00 Mind Joggers (A) 1:00 Kohl's * (L) 2:15 Mah Jongg (S) 2:45 Bingo (A) 6:45 Evening movie (FR)	29 9:00 Joy for Joints (FIT) 10:00 Coffee & News (A) 11:00 Guggenheim (A) 1:00 Exercise Video (FIT) 3:00 All Res. Meeting (FR) 6:45 Bingo (A) SBR	30 9:00 & 1:00 Fitness video (FIT) 10:00 What's Your View?(A) 11:00 Heatherwood Walk (L) 1:00 Crafts (AC) 2:45 Music w/ Shelia (FR) 6:45 Evening movie (FR)	31 9:00 & 1:00 Fitness video (FIT) 10:30 Bible study (FR) 11:00 Bingo (A) SBR 2:00 Catholic Mass (CH) 6:45 Evening movie (FR)