



Lunch Menu February 1 thru 18, 2012

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1 <i>Soup of the Day</i> <i>BBQ Chicken</i> <i>Seafood Salad</i> <i>Fried Potatoes & onions</i> <i>Mixed Vegetables</i>	2 <i>Soup of the Day</i> <i>Salmon Cakes with coleslaw</i> <i>Stir Fry Chicken & Broccoli</i> <i>Yellow Rice</i>	3 <i>Soup of the Day</i> <i>Shrimp Salad with fruit</i> <i>French Dip with Fries</i> <i>Vegetable Medley</i>	4 <i>Soup of the Day</i> <i>Turkey Lasagna</i> <i>Hot Pastrami</i> <i>Sandwich with French Fries</i> <i>Green Beans</i>
5 <i>Soup of the Day</i> <i>Chicken Salad</i> <i>Sandwich with Chips</i> <i>Pasta Primavera</i>	6 <i>Soup of the Day</i> <i>Beef Stroganoff over noodles</i> <i>Baked Stuffed fish</i> <i>Creamy Italian potatoes</i> <i>Broccoli</i>	7 <i>Soup of the Day</i> <i>Chef's Special – Hot Tuna Melt</i> <i>Jerked Chicken over pasta</i> <i>Sugar Snap Peas</i>	8 <i>Soup of the Day</i> <i>Carolina Pork BBQ Sandwich</i> <i>Steak & Cheese Sub</i> <i>Coleslaw</i> <i>Baked Beans</i>	9 <i>Soup of the Day</i> <i>Chef's Special- Eggplant Parmesan with pasta</i> <i>Chicken & Dumplings</i> <i>Peas & Carrots</i>	10 <i>Soup of the Day</i> <i>Beef Fajitas served with Flour tortillas</i> <i>Chicken Fajitas served with Flour tortillas</i> <i>Spanish rice</i> <i>Refried beans</i>	11 <i>Soup of the Day</i> <i>Pepperoni Pizza</i> <i>Baked Ziti with garlic bread</i>
12 <i>Soup of the Day</i> <i>Baked Bologna Beef & Cheese Sandwich</i> <i>Chicken Patty</i> <i>Sandwich with lettuce & tomato</i> <i>French Fries</i>	13 <i>Soup of the Day</i> <i>Cobb Salad</i> <i>Stuffed Shells</i> <i>Steamed broccoli & cauliflower</i>	14 <i>Soup of the Day</i> <i>Chef's Special- Steamed Crab legs</i> <i>Chicken Pot pie</i> <i>Rice pilaf</i> <i>Green beans</i>	15 <i>Soup of the Day</i> <i>Roasted Turkey Meatloaf</i> <i>Mashed potatoes with gravy</i> <i>Corn</i>	16 <i>Soup of the Day</i> <i>Chef's Special</i> <i>Steak Caesar Salad served with garlic bread</i>	17 <i>Soup of the Day</i> <i>Cheese Ravioli</i> <i>Chicken Parmesan served with linguini</i> <i>Spinach</i>	18 <i>Soup of the Day</i> <i>Grilled Ham & Cheese Meatball Sub</i> <i>Fried potatoes</i> <i>Zucchini & onions</i>



Lunch Menu February 19 thru 29, 2012

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
19 <i>Soup of the Day</i> <i>Italian Sausage Sub</i> <i>Bacon Cheeseburger</i> <i>Baked beans</i> <i>Peas & carrots</i>	20 <i>Soup of the Day</i> <i>Open face Roast beef sandwich with mashed potatoes and gravy</i> <i>Chicken Wrap served with pasta salad</i> <i>Steamed cabbage</i>	21 <i>Soup of the Day</i> <i>Oyster Po'boy Sandwich</i> <i>Jambalaya</i> <i>King cake</i>	22 <i>Soup of the Day</i> <i>Stuffed Salmon Chef Salad</i> <i>Rice pilaf</i> <i>Wax Beans</i>	23 <i>Soup of the Day</i> <i>Chef Special</i> <i>Crab cakes</i> <i>Fried potatoes</i> <i>Broccoli</i>	24 <i>Soup of the Day</i> <i>Baked Fish</i> <i>BBQ Beef Sandwich With coleslaw</i> <i>Scalloped potatoes</i> <i>Vegetable of the day</i>	25 <i>Soup of the Day</i> <i>Beef Taco</i> <i>Chicken Quesadilla</i> <i>Refried beans</i>
26 <i>Soup of the Day</i> <i>Italian Sub with chips</i> <i>Tuna Melt sandwich with chips</i>	27 <i>Soup of the Day</i> <i>Fried Shrimp served with coleslaw</i> <i>Stuffed peppers served with pasta</i> <i>Vegetable of the day</i>	28 <i>Soup of the Day</i> <i>Chef's Special</i> <i>Kielbasa with sauerkraut Served with honey mustard dipping sauce</i>	29 <i>Soup of the Day</i> <i>Turkey Club with fries</i> <i>Shrimp Spinach Salad</i>			




Dinner Menu February 1 thru 18, 2012

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1 <i>Tossed Salad</i> <i>Veal Picata served with pasta</i> <i>Stuffed Peppers</i> <i>Garlic bread</i> <i>Broccoli</i>	2 <i>Tossed Salad</i> <i>Chef Special Meatloaf</i> <i>Mashed Potatoes</i> <i>Corn on cob</i>	3 <i>Tossed Salad</i> <i>Catch of the day Beef Stroganoff over noodles</i> <i>Rice pilaf</i> <i>Steamed cabbage</i>	4 <i>Tossed Salad</i> <i>Pork Chops smothered with gravy</i> <i>Chicken Cacciatore</i> <i>Grilled potatoes</i> <i>Brussels sprouts</i>
5 <i>Tossed Salad</i> <i>Prime Rib served with Au jus</i> <i>Shrimp Alfredo</i> <i>Baked potato</i> <i>Collard greens</i>	6 <i>Tossed Salad</i> <i>Stuffed Pork Tenderloin</i> <i>Pepper Steak</i> <i>Fried rice</i> <i>Vegetable medley</i>	7 <i>Tossed Salad</i> <i>Chef's Special Rigatoni with meat sauce</i> <i>Potatoes & onions</i> <i>Peas & carrots</i>	8 <i>Tossed Salad</i> <i>Rosemary Chicken Tilapia with lemon butter sauce</i> <i>Stuffed baked potato</i> <i>Green Beans</i>	9 <i>Tossed Salad</i> <i>Chef's Special Veal Marsala</i> <i>Rice pilaf</i> <i>Zucchini & onions</i>	10 <i>Tossed Salad</i> <i>Catch of the day Salisbury Steak with gravy</i> <i>Mashed potatoes</i> <i>Sweet Corn</i>	11 <i>Tossed Salad</i> <i>Turkey Chili over rice</i> <i>Jerked Chicken</i> <i>Buttered noodles</i> <i>Peas</i>
12 SPECIAL VALENTINE'S DAY DINNER FEATURING STUFFED LOBSTER	13 <i>Tossed Salad</i> <i>Crab Cakes</i> <i>Spicy Chicken with pasta</i> <i>Brown Rice</i> <i>Vegetable Medley</i>	14 <i>Tossed Salad</i> <i>Chef's Special NY Strip Steak topped with portabella mushrooms</i> <i>Stuffed Potatoes</i> <i>Wax beans</i>	15 <i>Tossed Salad</i> <i>Chicken with artichokes and sundried tomato</i> <i>Catch of the day</i> <i>Roasted Italian potatoes</i> <i>Glazed carrots</i>	16 <i>Tossed Salad</i> <i>Chef's Special Roasted Lamb</i> <i>Au gratin potatoes</i> <i>Yellow squash & onions</i>	17 <i>Tossed Salad</i> <i>Catch of the day Roasted Chicken</i> <i>Spanish rice</i> <i>Creamed spinach</i>	18 <i>Tossed Salad</i> <i>Dijon Pork Tenderloin</i> <i>BBQ Chicken</i> <i>Baked Sweet potato</i> <i>Lima beans</i>



Dinner Menu February 19 thru 29, 2012

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
19 <i>Tossed Salad</i> <i>Bacon Wrapped Filet Mignon with grilled shrimp</i> <i>Stuffed Lobster tail with Jumbo lump crabmeat</i> <i>Rice Pilaf</i> <i>Asparagus</i>	20 <i>Tossed Salad</i> <i>Teriyaki Chicken</i> <i>Beef Stew</i> <i>Steamed rice</i> <i>Stir Fry Vegetables</i>	21 <i>Tossed Salad</i>  <i>Shrimp Gumbo</i> <i>Creole Crawfish Boil</i> <i>King cake</i>	22 <i>Tossed Salad</i> <i>Catch of the day</i> <i>Chicken Marsala over pasta</i> <i>Fried potatoes</i> <i>Broccoli & cauliflower</i>	23 <i>Tossed Salad</i> <i>Chef Special</i> <i>Stuffed Salmon</i> <i>Dirty rice</i> <i>Sautéed spinach</i>	24 <i>Tossed Salad</i> <i>Catch of the day</i> <i>Marinated Sirloin</i> <i>Steak</i> <i>Creamy Italian potatoes</i> <i>Vegetable medley</i>	25 <i>Tossed Salad</i> <i>Shrimp Scampi over pasta</i> <i>Chicken gumbo</i> <i>Fried okra</i>
26 <i>Tossed Salad</i> <i>Roasted Turkey</i> <i>BBQ Pork Ribs</i> <i>Mac & cheese</i> <i>Collard greens</i>	27 <i>Tossed Salad</i> <i>Liver & onions</i> <i>Roasted Lemon</i> <i>Peppered Chicken</i> <i>Mashed potatoes</i> <i>Peas & carrots</i>	28 <i>Tossed Salad</i> <i>Chef's Special</i> <i>Pasta Primavera</i> <i>Asparagus</i>	29 <i>Tossed Salad</i> <i>Seafood gumbo</i> <i>Carolina BBQ Pork</i> <i>Baked beans</i> <i>Coleslaw</i>			